



St. Paul's Lutheran Church

Member Lutheran Church Missouri Synod- LCMS
1112 Bailey Street, Sac City, Iowa ~ 712-662-7029
Rev. Don Pobanz

December/ January 2018/19

Depression

There are parts of your pastor's life that you observe and get to be part of, but not every part of a Pastor's life is shared with the congregation, which is quite appropriate. Some of those areas that can not be shared can be a burden and in some cases, even affect his mental health. That is why this past October's edition of 'The Lutheran Witness' had a focus on mental health and ministry, more specifically on depression.

Martin Luther suffered with his issues. He sometimes thought that "God seems terribly angry" with him, and with all of creation. CFW Walther, a founding father of the LCMS and its first president, struggled with depression.

But mental health issues, especially depression, are not restricted to pastors. They effect people from all walks of life. Perhaps you suffer from depression, if not all the time, then some of the time. For some it only lasts a few days, but for others it may go on for months, or even years.

We should not be surprised by depression. It is something that the devil would like to inflict upon each and everyone of us. The devil would like to convince you and me that our sin is so bad that we are eternally

condemned and that we are not loved by God.

The good news about depression, as stated in an article by Rev. Todd Pepperkorn in the October issue of 'The Lutheran Witness,' is that it is not something that happens because I am going to hell and God doesn't love me, but rather as proof positive that the devil is hard at work, trying to draw me away from Jesus and His promises. As we read in Titus chapter three, *'But when the goodness and loving kindness of God our Savior appeared, he saved us, not because of works done by us in righteousness, but according to his own mercy, by the washing of regeneration and renewal of the Holy Spirit, whom he poured out on us richly through Jesus Christ our Savior, so that being justified by his grace we might become heirs according to the hope of eternal life.'* (Titus 3:4)

This is a message that each one of us needs to hear. And so especially when we suffer from a mental illness such as depression, remember that we have a loving God who has justified us by His grace so that we have become heirs.

Though pastors sometimes suffer their own issues with mental issues, God has called them into the office of public ministry so that you may

share with them. Ask your pastor for specific prayer for you, not as one who God has rejected, but as one who Christ has died for. Let him intercede on your behalf. This is especially true during this Advent and upcoming Christmas seasons. For so many people place on themselves an expectation of what they should do, and how they should feel this time of year. And when those expectations are not met, it can send them into depression.

So when you suffer, don't suffer alone. Talk to your pastor or to a brother or sister in Christ. Pray to God asking for what you need. But more than anything, remember whose you are. As the Bible reminds us, *"For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus."* (Romans 8:38-39)

Your brother in Christ
Pastor Pobanz



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**2018 Church Officers
and Board Members**



Sunday School Report

The Sunday School children sang in church on Sunday, November 4, 2018. The wonderful songs the children sang were "Kum BA YA", "This Is The Day" and "Jesus Loves Me". God has blessed the children with great voices. In Sunday School the children are practicing the **Christmas Program** which is "Unto Us A Child Is Born". The Christmas program will held on **Monday, December 24 at 6:15 pm.**

Perfect Attendance children were given a tag to put on their key chain.

Perfect Attendance for October:

Pre K-1st grade: Madilyn Ruge, Landon Voyles

2nd-4th grade: Will Voyles, Brody Hunziker, Kolbe Hunziker, Makynli Hunziker

5th-8th grade: None

Sunday School Superintendent,

Rebecca Peters

SPY'S



A big THANK YOU to Kalyn and Lucas Johnson for serving as St. Paul's youth leaders for the past several years. Your dedication to serving our youth was greatly appreciated, and pray for blessings as you await the arrival of your second child.

Mark Jansma will be taking over the duties of youth leaders. Thank you Mark for your willingness to serve in this important job.

Timothy, and Nathan Pobanz, and leader Lucas Johnson attended the Iowa District West Youth Convention in Des Moines November 9-11th.

Youth will be contacted about plans for the Youth Group under new leadership.

This message was on our missionary to Taiwan **Hannah Schull's** Facebook page. Let's keep her in our prayers.

I experienced a Taiwan emergency room tonight with a combination of a mild allergic reaction, cold/flu symptoms, and stress. I am fine and home now, resting. Asking for prayers of peace, comfort, and healing within the next few days.

Sickness, while quite unpleasant is always a reminder of our need for a Savior and the comfort we have in Him.

Christmas Services

Monday, December 24

5:00 p.m.

Candlelight Service

6:15 p.m.

Children's Christmas Program

Tuesday, December 25

9:00 a.m.

Christmas Morning Service

Minutes from Women of St. Paul meeting November 7, 2018 13 members present

Pastor Pobanz began with a devotion from the Women's Quarterly.

Co/President Sue Dettman called the meeting to order.

Secretary Lauri Pobanz read the minutes, passed as read.

The treasurer report was presented by Linda Case. Beginning balance \$1751.36, income of \$122.10 with expenses of \$168.02 leaving an ending balance of \$1705.44. Filed for audit.

Old Business:

WOSP will serve the first Advent meal on December 5 at 5:00 p.m. We will be serving casseroles, salads, and bars. A sign up sheet was passed for food, and help.

Sue thanked all for their help with the Dessert Tea. We raised about \$514. Many people commented that they enjoyed the nativities on display, and the program by Cheryl Gerry on Fall into Christmas decorating.

The WOSP Christmas Party will be held on December 8, at 12:00 noon. The officers will host. Please contact the office, or Lauri Pobanz to reserve your spot. This is open to ALL ladies at St. Paul's. Groceries will be collected for the outreach center.

New Business:

Sandy Wuebker encouraged anyone with Thrivent polices to apply for funds. She offered to help anyone who might need it.

Christmas donations were set at \$1000 by the executive board. There were no problems with what was purposed.

Birthdays and Anniversaries were recognized.

The meeting was adjourned and closed with the Lord's prayer and Common Table Prayer.

Hostesses were Dorothy Blaue and Marge Glasnapp.

There is no meeting in January. We will meet again February 6, 2019.

Hot Pumpkin Drink (as served at the Parsonage Open House) Lauri Pobanz

1-16 oz. can pumpkin

1-12 oz can sweetened condensed milk

5 C. milk

2 tsp. pumpkin pie spice

1 ½ C. cinnamon chips (like chocolate chips, but cinnamon. I got mine at Fareway in Carroll) OR white or butterscotch chips.



Combine and heat pumpkin, condensed milk, milk, and spice in a large heavy pan over med. low heat until hot. Stir in chips until melted. Be careful to keep heat low enough that it doesn't scorch. Keeps well in a crock pot on low or warm.

St. Paul's Lutheran Church Council Meeting November 13, 2018 @7:30 p.m.

President Fred Bruns called the meeting to order at 7:30 p.m.

Pastor presented a meditation "Words of Institution(Lord's Supper)Comparison". This was followed by prayer.

Minutes from the October Council meeting were approved.

Pat Laursen reviewed the Treasurer report. General Account-\$14,876.08; Memorial Fund-\$16,268.25; Thrivent-\$4,508.20; Savings Account-\$3,839.03. Report was approved.

Kay Christian reviewed the Finance report. Report was approved.

ELDERS: Eric Yunginger reported on their meeting.

- Pastor gave his report. They reviewed the membership attendance. They reviewed the draft of the congregational survey. They set the times for services during the upcoming Advent and Christmas season. There will be 3 Advent services with a meal at 5:00 p.m. followed by the service at 6:00 p.m. Christmas Eve services are the 5:00 Candlelight Service followed by the Children's service at 6:15 p.m. Christmas Day service is at 9:00 a.m. New Year's Eve service is at 6:00 p.m.

EDUCATION: Brenda Schramm reported on their meeting.

- Sunday School-Children sang 3 songs during the church service on November 4. Six children had perfect attendance in October. The Children's Christmas Eve program is titled "Unto Us a Child is Born". The Children's Service is at 6:15 p.m.
- SPYs- Mark Jansma will become the SPYs leader starting in December. Thank you Mark.

EVANGELISM: Denise Opsal reported on their meeting.

- Denise reported on the Trunk or Treat event. The committee used the theme "Jesus Loves Little Children". They had approximately 250 participants.

STEWARDSHIP: Sandy Zimmerman reported on their meeting.

- They set up the table for donations for Thanksgiving. The donations go to New Opportunities. They are planning a caroling party for December 16, 2018 at 5:00 p.m. A meal will follow the caroling. Everyone is welcome to participate.

TRUSTEES: Neil Neitzke reported on their meeting.

- Another lower level classroom was invaded by a deer going through the window. It is a mess. The insurance company has been notified. We have a \$1,000 deductible. The insurance will pay up to \$2500 for replacement of window and cleaning. They will probably contact Service Master for cleaning. Wayne Luckow has been contacted to replace window in classroom. There are also 2 windows needing replacement in Pastor's office. Neil also brought up that there is a lot of stuff in the unused classrooms. Trustees are going to be looking at disposing of same.
- Jerry's has the 3 new AC units and has asked for the payment of the units which they will install in the future. Money from Memorial Fund has been designated for that purchase.

PASTOR'S REPORT FOR OCTOBER 2018:

- Transfers In/Out-0; Releases-Nancy Murken 10/3/2018; Baptisms-0; Deaths-Virginia Thompson-funeral 10/20/2018; Hospitals Visits-3; Homebound Visits-25; Member Home Visits-2; Weddings-George Mack and Julie Anderson 10/27/2018; Confirmations-0; Church Attendance and Communion-see church info sheet.

OLD BUSINESS:

- A motion was made by Eric to purchase @\$127.00 a Chalice for Pastor to use on Home and Hospital visit. Neil seconded. Motion carried.

NEW BUSINESS:

- Pat made a motion that Neil Neitzke be a lay delegate voter for electing a President for the Synodical Convention. This is done prior to the Convention. Eric seconded. Motion carried.
- George and Lynda Kischer would like to donate battery operated candles for use at appropriate church

- services. They feel this would be much safer. Motion by Gary to approve the donation. Eric seconded. Motion carried. Thank you to George and Lynda.
- Kay requested that the banner purchased by the church's LWML be displayed in the church. Fred and Pastor will decide on an appropriate place.
- There is request to change the time of Council meeting to 7:00 p.m. instead of 7:30 p.m. The December meeting will be changed to 7:00 p.m.
- There were questions about how the Endowment Fund can be used and the process of the same. Karen will report back in December.

Meeting adjourned with the Lord's Prayer.

Attending; Pastor; Fred Bruns; Eric Yunginger; Gary Langbein; Neil Neitzke; Karen Neitzke; Sandy Wuebker; Pat Laursen; Kay Christian; Brenda Schramm; Sandy Zimmerman; Denise Opsal.

Respectfully submitted, Karen Neitzke, secretary

The Lutheran Church-Missouri Synod LCMS Stewardship Ministry

Throughout his epistles and his preaching recorded in the Book of Acts, St. Paul refers, in one way or another, to thanksgiving and thankfulness nearly 50 times. Whether vertically toward God, or horizontally toward the neighbor, thanksgiving is a major theme within St. Paul's body of work.

What does this mean? It means thankfulness is intrinsic to the life of those baptized into Christ. In other words, giving thanks is what Christians do as they live out their lives in this world.

The problem is that we often forget this. Consider your average, run-of-the-mill, normal day. When you get home, and your parents, your spouse or your children ask about your day, what first comes to your mind? After 99 percent of things went right, went exactly as planned, were enjoyable and blessings, we tend to focus on and remember the 1 percent of things that went poorly, that didn't go as planned, and that were nuisances.

We remember the bad things. We focus on discontent. And we fail to give thanks in all circumstances for everything (Eph. 5:20) and to rejoice in the Lord always (Phil. 4:4).

Thankfulness and contentment go together. We are content with things for which we are thankful. St. Paul could be content with having plenty or when in need because He gave thanks to the Lord for all things. He thanked the Lord for those who had prayed for him and listened to his proclamation of the Gospel. He gave thanks for their good works in and for the Church of Christ. He gave thanks for the grace of God in Christ Jesus and found that God's grace was sufficient for him.

So, give thanks for all things and in all circumstances dear brothers and sisters in Christ. For you have been saved from sin, death, and hell by the death and resurrection of our Lord, Jesus Christ. You have been added to the very family of God in an adoption of grace through Holy Baptism. God is your Father. Our Lord, Jesus Christ is your brother.

But He not only provides for your spiritual well-being, He cares also for this body and life. Your Father in heaven provides food and clothes, house and home, husband, wife, and children. He gives you reason and all your senses. He has given you the raw talents that you have developed into careers. Everything you are and everything that you have is a gift from His fatherly divine goodness and mercy, without any merit or worthiness in you.

Give thanks for these things. Make a list – every morning if you must. Say them out loud. Sing about them within the congregation of the saints. And remember this: God has given you these things so that you may be of service to those around you – your family, your neighbors, your brothers and sisters in Christ. For to whom much is given; much shall be required (Luke 12:48).



October Treasurer Report:

General Account- \$14,876.08

Memorial Fund- \$16,268.25

Thrivent- \$4,508.20

Savings Account- \$3,839.03



December Birthdays

1	Sophie Roseberry
4	Rachel Conderino
5	Debbie Dettmann
5	Lucas Johnson
8	Linda Russell
9	Jamie Zimmerman
9	Brandon Meyers
10	John Myers
10	Lesia Ringgenberg
12	Joann Lents
13	Sheila Grote
14	Beth Wirtjers
15	Wylee Kreft
15	Gene Freier
16	Teddi Hall
17	Wendy Kreft
17	Robin Batz
19	Amy Herrig
19	Amber Sharkey
20	Sue Strong
21	Will Voyles
22	Robert Stoffregen
24	Timothy Judd
24	Judy Seieroe
24	Darwin Meyers
26	Joan (Sheely) Zimmerman
26	James Pobanz
28	Carolyn Noess
28	Patty Wirtjers
30	Zachary Jastorff
30	Donavon Dettmann
31	Sandra Weitzel
31	Jodi Kreft



Anniversaries

Dennis & Debbie Dettmann
12/10/1971 47 yrs.

Roger & Brenda Baas
12/10/1988 30 yrs.

Chuck & Joan Zimmerman
12/12/1998 20 yrs.

John & Dianne Graeve
12/19/1970 48 yrs.

Neil & Karen Neitzke
1/18/1970 48 yrs.

Ross & Denise Opsal
1/20/2007 11 yrs.



January Birthdays

1	Justin Crum
1	Marlene Lents
2	Esther Hokanson
3	Jackson Scharn
3	Chuck Zimmerman
4	James Dowling
5	Janet Lenz
5	Kim Laursen
5	Nicole Foote
6	Aaron Graeve
7	Nicole Hatch
9	Aubrey Schade
10	Belinda Mikkelson
10	Timothy Pobanz
11	Karen Neitzke
11	Bryan Swanson
12	Charlie Miller-West
13	Abby Penniman
13	Judy Pellersels
13	Holly Mueggenberg
14	Tancy Becker
16	Ed Quail
16	Scott Bundt
17	Jaedyn Lowe
17	Leesa Sorenson
19	Cherie Gangelhoff
20	Sandra Zimmerman
22	Sarah Gangelhoff
23	Stacey Ernst
24	Jason Burns
25	Chad Ripley
25	Ashley Ellis
25	Margaret Schramm
25	Teri Higgins
25	Keri Geery
27	Teresa Wirtjers
28	Chelsy Scharn
29	Casey Lynch
29	Melissa Isder
31	Heather Ulrich

If your special day has been omitted or is incorrect, please contact the office.

Those Who Serve in December 2018

Date	Elder	Greeters	Ushers	Acolytes	Organist	Video Taping	Broadcasting
Sat. 1 st 6:00 p.m.		Steve & Jean Burns	Neil & Karen Neitzke	Wyatt Kreft	Timothy Pobanz		
Sun. 2 nd 9:00 a.m.	Roland Harklau	Nora Birt	Nicole Ruge Brandon Langbein	Rylee Pearl	Timothy Pobanz	Eric Yunginger	Bruce Peterson
Wed. 5 th 6:00 p.m.	Merlen Noess	Neil & Jeanne Wedeking	Todd & Teri Luckow		Pam Gehrig	Todd Ernst	
Sat. 8 th 6:00 p.m.		Jim & Mary Dowling	Mitch Dettman Madi Dettman	Carson Rudd	Michele Dettmann		
Sun. 9 th 9:00 a.m.	Neil Wedeking	Dianne Graeve	Rebecca Peters Merlen Noess	Ryan Petersen	Michele Dettmann	Todd Ernst	Merlen Noess
Wed. 12 th 6:00 p.m.	Neil Wedeking	Rebecca Peters	Neil & Karen Neitzke		Pam Gehrig	Neil Wedeking	
Sat. 15 th 6:00 p.m.	Todd Ernst	Neil & Karen Neitzke	Lee & Annette Green	Cooper Auen	Timothy Pobanz		
Sun. 16 th 9:00 a.m.	Eric Yunginger	Kim & Pat Laursen	Todd & Teri Luckow	Tori Hutchinson	Timothy Pobanz	Neil Wedeking	Carson Ruge
Wed. 19 th 6 p.m.		Roger & Sylvia Jensen	Merlen Noess		Pam Gehrig	George Kischer	
Sat. 22 nd 6 p.m.	Todd Ernst	Sandy Zimmerman	Jeff & Dorothy Wirtjers	Keagan Bundt	Michele Dettmann		
Sun. 23 rd 9:00 a.m.		Lauri Pobanz	Joe Langbein Nathan Pobanz	Katie Jansma	Michele Dettmann	Roger Jensen	Michele Dettmann
Mon. 24 th 5:00 p.m.			Neil & Karen Neitzke		Timothy Pobanz	Eric Yunginger	
Mon. 24 th 6:15 p.m.			Sunday School	Sunday School	Timothy Pobanz	Todd Ernst	
Tues. 25 th 9:00 a.m.			Merlen Noess Nathan Pobanz		Timothy Pobanz	Neil Wedeking	
Sat. 29 th 6:00 p.m.			Neil & Karen Neitzke	Haley Jo King	Timothy Pobanz		
Sun. 30 th 9:00 a.m.		Merlen & Carolyn Noess	Ross & Denise Opsal	Noah Just	Timothy Pobanz	George Kischer	Merlen Noess
Mon. 31 st 6:00 p.m.					Timothy Pobanz	Roger Jensen	



Let's Go Christmas Caroling

Sunday, December 16 5:00 p.m.

Join us caroling for the homebound and Parkview residents

Supper will be served at the church by the Stewardship committee afterwards

Those Who Serve in January 2019

Date	Elder	Greeters	Ushers	Acolytes	Organist	Video Taping	Broadcasting
Sat. 5th 6:00 p.m.		Duane & Ruth Bauman	Neil & Karen Neitzke	Wyatt Kreft	Timothy Pobanz		
Sun. 6th 9:00 a.m.	Neil Wedeking	Lesa Ringgenberg	Ross & Denise Opsal	Rylee Pearl	Timothy Pobanz	Eric Yunginger	Bruce Peterson
Sat. 12th 6:00 p.m.	Todd Ernst	Chuck & Joan Zimmerman	Lee & Annette Green	Carson Rudd	Timothy Pobanz		
Sun. 13th 9:00 a.m.	Merlen Noess	Roger & Sylvia Jensen	Nicole Ruge Nathan Pobanz	Ryan Petersen	Timothy Pobanz	Neil Wedeking	Merlen Noess
Sat. 19th 6:00 p.m.		Arlen & Geri Ringgenberg	Mitch Dettman Madi Dettman	Cooper Auen	Timothy Pobanz		
Sun. 20th 9:00 a.m.	Mark Jansma	Loren & Sandy Wuebker	Todd & Teri Luckow	Tori Hutchinson	Timothy Pobanz	Todd Ernst	Carson Ruge
Sat. 26th 6:00 p.m.	Todd Ernst	Paul & Sue Strong	Jeff & Dorothy Wirtjers	Keagan Bundt	Michele Dettmann		
Sun. 27th 9:00 a.m.		Rebecca Peters	Carson Ruge Joe Langbein	Katie Jansma	Michele Dettmann	George Kischer	Michele Dettmann

January

December 2018

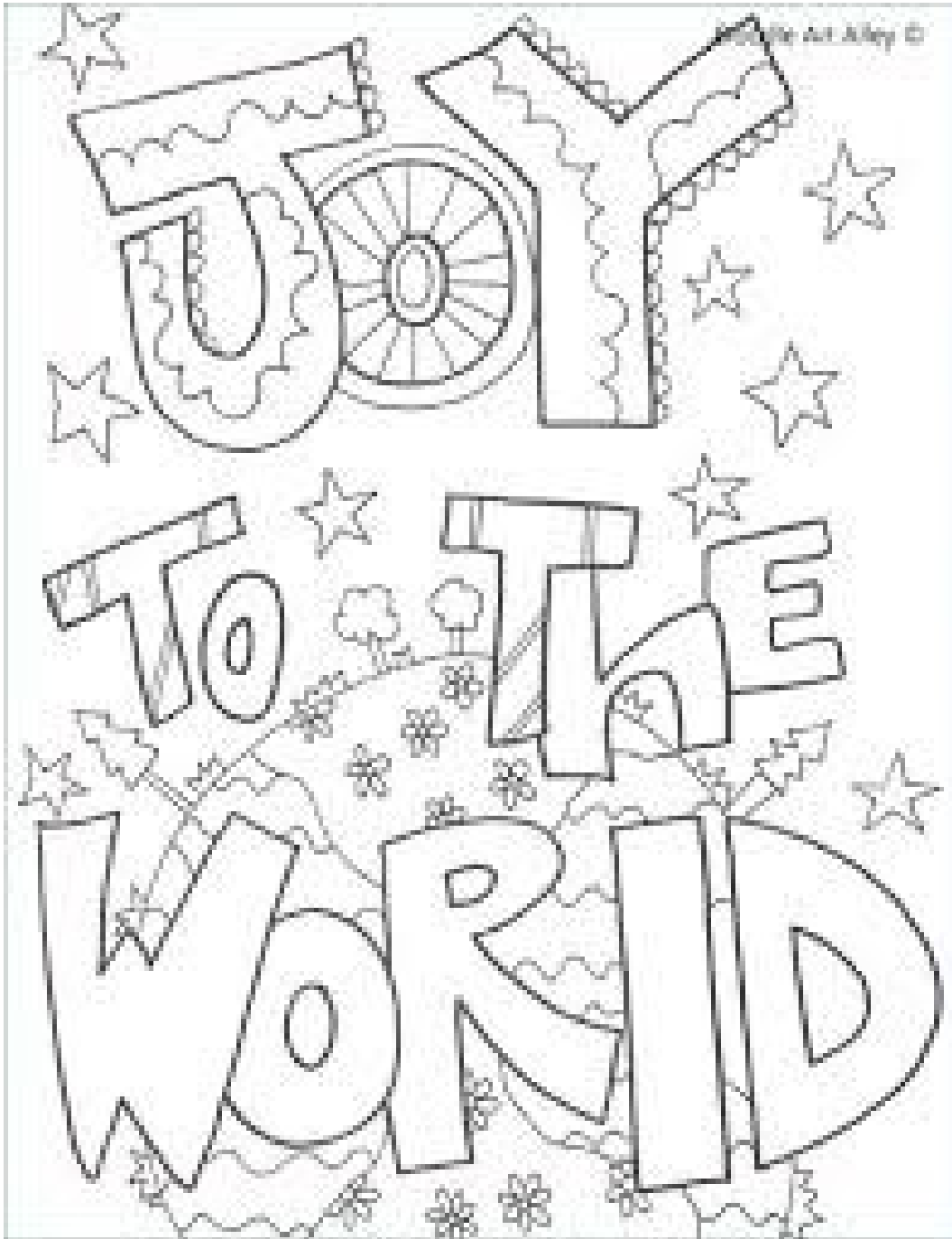


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 9 Divine Service 10:15 Adult Bible Class Sunday School Christmas Program Practice	26	27	28 3:45 Midweek 5:00 Bells	29 8:30 Women's Bible Study	30	1 6 Divine Service
2 9 Divine Service 10:15 Adult Bible Class Sunday School Christmas Program Practice	3 <i>Pastor's Day Off</i>	4 7:30 Elders	5 3:45 Midweek 5:00 Bells 5:00 Advent Meal 5:45 Hymn Sing 6:00 Advent Service 6:45 Bd of Ed	6 8:30 Women's Bible Study	7	8 12:00 Noon WOSP Christmas Party 6 Divine Service
9 9 Divine Service 10:15 Adult Bible Class Sunday School Christmas Program Practice	10 <i>Pastor's Day Off</i>	11 5:30 Trustees 7:00 Council	12 3:45 Midweek 5:00 Bells 5:00 Advent Meal 5:45 Hymn Sing 6:00 Advent Service	13 8:30 Women's Bible Study	14	15 6 Divine Service
16 9 Divine Service 10:15 Adult Bible Class Sunday School Christmas Program Practice 5:00 Caroling Party/meal	17 <i>Pastor's Day Off</i>	18	19 3:45 Midweek 5:00 Bells 5:00 Advent Meal 5:45 Hymn Sing 6:00 Advent Service	20 8:30 Women's Bible Study	21	22 6 Divine Service
23 9 Divine Service 10:15 Adult Bible Class Sunday School Christmas Program Practice	24 Christmas Eve 5:00 Candlelight Service 6:15 Children's Christmas Program	25 Christmas Day 9:00 Christmas Morning Service	26	27	28	29 6 Matins Service
30 9 Matins Service 10:15 Adult Bible Class Sunday School	31 New Year's Eve 6:00 New Year's Eve Service	1 January New Year's Day	2	3 8:30 Women's Bible Study	4	5 6 Divine Service

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9 Matins Service 10:15 Adult Bible Class Sunday School	31 <i>New Year's Eve</i> 6:00 New Year's Eve Service	1 <i>New Year's Day</i>	2	3 8:30 Women's Bible Study	4	5 6 Divine Service
6 9 Divine Service 10:15 Adult Bible Class Sunday School	7 <i>Pastor's Day Off</i>	8 7:30 Elders	9 3:45 Midweek	10 8:30 Women's Bible Study	11	12 6 Divine Service
13 9 Divine Service 10:15 Adult Bible Class Sunday School	14 <i>Pastor's Day Off</i>	15 5:30 Trustees 7:00 Council	16 3:45 Midweek	17 8:30 Women's Bible Study	18	19 6 Divine Service
20 9 Divine Service 10:15 Adult Bible Class Sunday School	21 <i>Pastor's Day Off</i> <i>Newsletter articles due</i>	22	23 3:45 Midweek	24 8:30 Women's Bible Study	25	26 6 Divine Service
27 9 Divine Service 10:15 Adult Bible Class Sunday School	28 <i>Pastor's Day Off</i>	29	30 3:45 Midweek	31 8:30 Women's Bible Study	1 February	2 6 Divine Service





Children

Color and bring to Sunday School by Christmas Eve

NAME: _____

St. Paul's Lutheran Church
1112 Bailey Street
Sac City, IA 50583

Return Service Requested

***St. Paul's Lutheran Church
Enlightener***



***December/January
2018/2019***